



CROSB Newsletter

Man of Action

Kenny likes working on his car and camper trailer and is self motivated when it comes to learning new skills.

Kenny frequently attends the Men's Shed Kingaroy and one of the projects he is currently working on is to repair an industrial sewing machine, so that he can then sew an awning for his camper trailer. As always when fixing things, it doesn't always go to plan, so Kenny decided that he had to call in a professional to help fix the problem.

Kenny and his Support Worker made contact with Greg from "Sew Help Me", a mobile sewing machine mechanic and the following afternoon Greg arrived at the Men's Shed to fix the problem. While working on the sewing machine Greg commented about the adjustments already made, both red faced, Kenny and his Support Worker had to reply that they were the culprits. Greg then happily educated Kenny and his Support Worker on how to set up the sewing machine and so that Kenny could then go ahead and make his awning.



CROSB GROUP NIGHT

DRUMMING—FEBRUARY 2015

The night was a session of “Find Your Inner Beat”. It was great seeing clients, support workers and family members dancing and banging the drums to the beat.



H&F Age Challenge App



The Health & Fitness Age app has been developed by Queensland Health as part of the Healthier Happier campaign to help people of all shapes and sizes do simple, everyday things to improve the way they look and feel.

Category: Health and wellbeing



TRAINING

These days have been allocated for Professional Development for CROSB Support Workers:

Thursday 23 April—Medication Training

Monday 4 May—CTC General Induction

Thursday 7 May—Adult Literacy & Numeracy Tutoring—1 day per week for 4 weeks

The office will be in contact with clients where necessary to change support.

Please note that we will try our best to minimise disruption to our clients.

CROSB Group

April

Craft Night with Board Games!



21 April – 6pm to 8pm
South Burnett Enterprise Centre

Cost - \$10 for dinner and
\$5 contribution for transport

RSVP – 17 April 2015

May

Karaoke @ Carmen's Home



19 May – 6pm to 8pm
80 Kurrabung Drive
Nanango QLD 4615

Cost - \$2 for Karaoke, \$8 for Finger Food and
\$5 contribution for transport

RSVP – 15 MAY 2015

HUB Community Network

HUB Social Outings are a great get together where clients look forward to yarnning about recent social outings and up coming events.

If you would like to speak to HUB about upcoming events please contact the office in Murgon:

Phone: 4168 3255

Email: hub@burnett.net.au

www.hubdisabilitysupport.org.au

Events

spread the word!

Friday 10 and Saturday 11 April—
Nanango Show

Saturday 18 and Sunday 19 April—
Wondai Garden Expo

Saturday 25 April—
Anzac Day Services



Saturday 2 and Sunday 3 May—
Kingaroy Show

Saturday 16 May—
Blackbutt Show

Sunday 17 May—
2nd Annual Reconciliation Fun Run—
Murgon and Cherbourg

Sunday 31 May—
Goomeri Pumpkin Festival

Basic Computer Course



**The Kingaroy Library is holding a
Basic Computer Course
every Tuesday from
10am until 11.30am.**

**There is no cost.
To book a seat please call
4189 9256.**

**The course will teach -
Basic Internet
Basic Email
Basic Computer Skills**



Heritage Lodge—Expressions of Interest



South Burnett CTC is working in partnership with Heritage Nanango Community Bank, South Burnett Regional Council and the Queensland State Government to provide to the community of Nanango disability accommodation as part of the Queensland Government's Elderly Parent Carer Innovation Trial Initiative.

Under the banner of Heritage Lodge, the accommodation will be in the form of a series of duplex units in Nanango. These units will provide parents over the age of 60 or Indigenous parents over the age of 50, caring for children with disabilities over the age of 25, stable, appropriate and affordable accommodation. The eventual tenants of the units will need their own supports as required (from any agency/carer of their choice) but in addition Heritage Lodge will utilise the "good neighbour" model. This will see compassionate and community minded persons living in the complex and providing the other tenants with supports, encouragement and a concerned eye as all good neighbours do.

Lots of work behind the scenes by all the current stakeholders has ensured that the units will start construction shortly with the completion of the first stage expected to be late 2015 or early 2016. With a focus on the community of Nanango and surrounding districts, we will be seeking Expressions of Interest from potential tenants and good neighbours in the coming months. If you have any questions please contact the CROSB office or Nina directly.



What kinds of disability will NDIS cover?

- The National Disability Insurance Scheme (NDIS) will support people with a permanent and significant disability that affect their ability to take part in everyday activities or has a substantial impact on their life.
- Disability can take many shapes and forms such as physical, intellectual, sensory, psychiatric and developmental delay. The NDIS will mean peace of mind for every Australian—for anyone who has, or might acquire, a disability.



www.ndis.gov.au—Opportunity is Knocking

LocalSearch (formerly Local Directories) App – Have your LocalSearch phone directory at your fingertips anytime, anywhere.

LocalSearch services regional areas within our local coverages area of NSW, QLD and NT. Find local businesses or residential listing by moving between a list-view and map-view, get directions, click-to-call a business, browse businesses' websites, and find enhanced information on business profile pages.



Improving Service Delivery

We value your feedback and encourage you to contact us and let us know what we can do to improve the services we offer.

You are welcome to:

- Talk to your Support Team ie: Support Worker, Service Coordinator or Service Manager and/or family/advocate:
 - Call - 07 4162 9081
 - Fax - 07 4162 9030 or
 - Email - crosh@sbctc.com.au



If after all steps have been taken, you are unhappy with the response that CTC and /or CROSB give you can contact:

Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120

Phone: 3224 7179

Email: complain@communities.qld.gov.au

Complaints Referral and Resolution Services

Phone (free call): 1800 880 052

Phone: 13 14 50

Email: crss@workfocus.com

24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	13 25 00
13 HEALTH	13 43 25 84
Poisons Helpline	13 11 26
Salvo Care Line	1300 363 622
1800Respect	1800 737 732

Clothing, Food & Household Needs

Salvation Army	4162 3700
Centacare—South Burnett	4162 5439
St Vincent De Paul—Kingaroy	4162 5099
St Vincent De Paul—Yarraman	4163 8667
Graham House—Murgon	4168 2828
CTC Youth Services	4162 7788
Poisons Helpline	13 11 26

Health & Counselling

Unitingcare Community	4160 4600	Centrelink Social Worker (Phone and ask to speak to a Social Worker)	13 28 50
PHaMs	0458 077 152	Graham House—Murgon	4168 2828
Centacare—South Burnett	4162 5439	CTC Youth Services	4162 7788
Domestic/Family Violence	4639 3605		

Legal Assistance

Youth Advocacy Centre	3356 1002	ATSI legal Service	4168 1944
Legal Aid	1300 651 188	TASC Toowoomba	4616 9700

Crisis Accommodation

Homeless Persons Information QLD	1800 474 753	Domestic Violence Hotline—Women	1800 811 811
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CTC Services Contact Details

Headquarters

4162 9000

Disability Services

CROSB	4162 9081
Gumnut	4168 1852
Your Life Your Choice	4162 9081

Youth Services

Kingaroy	4162 7788
Murgon	4169 5940

Partners in Foster Care

Wondai 4169 0177

Childcare

Community Kids	4171 0033
Nanango Childcare Centre	4163 1279

Employment Services

Kingaroy	4162 2566
Murgon	4168 2155

CROSB Contact Details

Shed 3 and 4,
6 Cornish Street or
PO Box 490
KINGAROY QLD 4610

Phone: 4162 9081
Fax: 4162 9030
E-mail: crosb@sbctc.com.au



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SUPPORTING PEOPLE WITH A DISABILITY IN THE COMMUNITIES OF THE SOUTH BURNETT

www.sbctc.com.au



Kingaroy Junior Redbacks FC are proud to announce that Brisbane Paralympic Football Program will be visiting Kingaroy.

When: Saturday 18th April at 10am
Where: Kingaroy Junior Football Club,
Oliver Bond St, Kingaroy

ALL WELCOME!!!!

Inquiries: Martin Stern Ph: 4168 0273
Email: martinstern@refs.net.au



Brisbane Paralympic Football Program

The Brisbane Paralympic Football Program (BFPF) started in 2006 and it continues to go from strength to strength. While we operate under the umbrella of the Westside Football Club situated at Hanran St Grovely 4054, we are a band of very enthusiastic parents who want our children, whatever their ability, to stay active and healthy. It was originally set up for children with cerebral palsy, but we welcome with open arms children and participants of all ages with any disability of any ability.

We currently have more than 40 athletes in the program which includes both juniors and senior athletes of varying ability. A number of our senior boys play at representative level within the 'Special Olympic' and 'Paralympic' systems.

Jay Larkins is the Program's Head Coach. He has also worked for the Brisbane Roar Football Club in their Active & Community Program's. So, as you can see, we take the health and development of our members very seriously however our core aim is to have fun and stay active.

Jay has also been the winner of the Lord Mayors Australia Day Sports Award 2013, Finalist in the Pride of Australia Medal 2013 and recently was a Qld Finalist in The Australian of the Year 2014 Award.

The BFPF has recently won the St George Bank Sports Award and Jay was a finalist in the Qsports Awards 2014. Jay is very proud to be an Australia Day Ambassador.

Many athletes from other Paralympic and Special 'O' sports are members or are involved with the junior training because of the friendly nature and participation which is promoted at the programs training. There has never been an age limit as we get some families who just want to come down and join in and meet other families affected by a disability and to get an idea what we can offer their child at a later date if required.

